GETFITBYIVANA

AUGUST WEEK 4

No Equipment

MON 22ND

25 MIN

5 MIN

TUE 23RD

15 MIN

12 MIN

WED 24TH

18 MIN

THU 25TH

ACTIVE REST

FRI 26TH

14 MIN

13 MIN

SAT 27TH

13 MIN

NEW VIDEO

SEXY ABS WORKOUT

SUN 28TH

15 MIN